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- SHEILA P. SPENCER

#### **REV. SHEILA P. SPENCER** WRITING, SPEAKING AND INSPIRING ARE MY PASSIONS

Rev. Sheila P. Spencer, is a passionate writer, author, speaker, poet, ordained minister and ministry program director. She delivers a 20-year background in teaching, educational consulting, leadership training, public speaking and creative writing. Born and raised in Los Angeles, she started her career as a bilingual educator, coordinator, trainer, mentor, workshop presenter, consultant and coach for the Los Angeles Unified School District. Leveraging her academic knowledge and solid practical experience, she advances program initiatives and learning objectives, while informing, influencing, and entertaining audiences through the power of words.

She firmly believes that her writing and art of spoken word are her gifts, passion, and ministry. Rev. Spencer has published several collections of poetry, in addition to recording a spoken word CD, "He is A Lyrical Miracle." Her work "From The Jewelry Box" book highlights how more often than not, the students are the teachers. Lessons learned in the classroom translate into lessons learned in life. These lessons are among the precious gems that are in the jewelry box, custom made for inspiration. Additionally, she has been included in several anthologies and has written educational curriculum and resources.



Spearheading the creation and publication of Just Women Magazine as the Program Director - Disciples Women.

Leading missionary groups on international service trips to Venezuela, Colombia, Democratic Republic of the Congo,Republic of the Congo, Ghana, and Korea.

Serving as lead workshop presenter and keynote for leadership development trainings, conference educational tracks, and special events.

Authoring several books, audio books, articles, poetry, and curriculum.



Sheila Spencer received her undergraduate degree from the University of Southern California. She holds a Master of Education Degree from California State University, Dominguez Hills and Master of Divinity Degree from Christian Theological Seminary. She specializes in topics related to leadership development, gift assessment, healthy spiritual practices, empowerment, self-care, and African American women.

## SPEAKING TOPICS

Self-Care and Balance The Spiritual Practice of Rest Take the Leap and Let Go Leadership Development Perfecting Imperfection Spiritual Practices that Ground Us Discovering the Diamond Within The Gift of No The Gift of Receiving Prayer Legs The Gift of Friendship Making Yourself A Priority Treasure Yourself What Happens in the Waiting

#### **TESTIMONIALS**

Sheila Spencer is an engaging and energetic speaker who has an amazing talent that enables her to get the message across on a deeply personal level to very diverse audiences. I have heard Sheila present and speak in English and in Spanish, with similar results: an engaged audience, a message that resonates, and a personable character that make her real and approachable. Whether the topic is deeply theological or very practical, Sheila is powerful in her delivery. I've had the privilege of being on the receiving end of Sheila's workshops and sermons and I've also had the privilege of recommending her as a speaker to several groups on whose board committees I've served on. Sheila is, and will continue to be, on my short-list of people whom I highly recommend as a speaker to diverse audiences.

Sarah Serrano, LCSW Bienestar Counseling & Education One of the first things you receive from Sheila Spencer when she stands on the stage is an indescribable presence, paired with wisdom and knowledge for the subject she's sharing. Her excitement is contagious, and her practicality is palpable. She keeps you leaning in and learning. It appears to be effortless although we know her posture comes from her position relative to Him.

Maura Gale Arthor, Actress & Podcast Host OMG ~ Oh Maura Gale

Rev. Sheila has been gifted with an incredible flair with words. She dominates the pen and paper to bring calmness for the weary, restoration and healing for our souls. She can guide others to appreciate their truth and purpose.

Rev. Dr. Tilda Whitaker Bailey The Coach's Mentor

## SPEAKER EXPERIENCE, INTERVIEWS & WRITTEN WORK

- Leap and Let Go, WALK THE TALK Speaker Series https://www.youtube.com/watch?v=4ZSorVUltnY
- Giving With All of Our Might, Light of the World
  Christian Church
- Spiritual Practices to Sustain Our Spirit-Led Work for Justice, National Council of Churches https://www.youtube.com/watch?v=xSehI3RU9SY
- Self-Care Seminar and Symposium, Delegation of Pastors in Morocco
- Staying in the Race, Bilingual Seminar and Keynote
- Conversation with Sheila Spencer, UNbound Creatives
  https://www.facebook.com/rev.lashaundra.mccarty
- Authored, published, and produced Audible version, From the Jewelry Box: Custom Made Inspiration

www.amazon.com/Jewelry-Box-Custom-Made-Inspiration/

- Authored and published Unto Whom Much Is Given
- Contributor, Chicken Soup for the African American Woman's Soul
- Curriculum Writer, Biblequest, Christian
  Education Program
- Spiritual Outlook: Treasure Yourself, Indianapolis Recorder

www.indianapolisrecorder.com/spiritual-outlook-treasure

- Spiritual Outlook: Rest and Repeat, Indianapolis Recorder
  www.indianapolisrecorder.com/spiritual-outlook-rest-and-repeat/
- The Healing, Indianapolis Recorder
  https://indianapolisrecorder.com/the-healing/
- Wrote, produced and recorded Spoken Word CD He Is: A Lyrical Miracle



# **TESTIMONIALS**

Sheila is a natural teacher who uses her skills of public speaking and storytelling. I have witnessed conference attendees who were completely taken in with her powerful presence. I still remember her guiding us to a personal understanding of what it means to be a "Diamond". Sheila used her words to engage our minds with beautiful imagery that bloomed into hope for each person present.

#### Renae Earl, MDiv Owner Renae's Stylin Spot

During our talks on the topic of "Letting Go", Sheila shared her story of "Leap and Let Go". The audience loved her, plus she is a true natural on stage! Delivering her talk, she showed the traits that are so important to her, including a passion for writing, storytelling, inspiration and spoken word. Working with Sheila is a delight and a blessing.

Steven Ross, Founder Walk The Talk Speaker Series

Sheila is a magnificent speaker. She is a masterful storyteller and draws you in when she speaks.

Rev. LaShaundra McCarty Coach, Trainer, Speaker Straightforward

#### **BOOKING INFORMATION**

THANK YOU FOR CONSIDERING SHEILA SPENCER AS A SPEAKER AT YOUR NEXT EVENT.

Email: sheilapspencer@gmail.com